



ARMY STRONG.®

KNOWLEDGE

OFFICIAL SAFETY MAGAZINE OF THE U.S. ARMY

THIS WEEK 4/9/2014



DRIVING DOWN DISTRACTIONS

Outside of combat (and Thanksgiving with the in-laws), few endeavors are as fraught with danger as driving. Each year, there are more than 30,000 traffic fatalities in America. It almost makes the run to Kabul look sane. And yet, every day we see people behind the wheel eating, texting, reading — doing just about anything but watching the road.



SECONDS COUNT

As a pilot, I know that helicopters have vibrations. Heck, every vehicle has vibrations — some good, some bad. The point is you have to be able to determine if you should continue the mission, return to base or, in our case, just land!



OUT OF DARKNESS

The city of Tucson, Ariz., rests in a valley surrounded by four separate mountain ranges. I've spent much of my adult life exploring those ranges inside and out. One of my favorite activities is caving. This particular trip, however, left me with several lessons learned.

DID YOU KNOW?

Knowledge is always looking for contributors to provide ground, aviation, driving and off-duty safety articles. Don't worry if you've never written an article for publication. Just write about what you know, and our editorial staff will take care of the rest. Your story might just save another Soldier's life. Click the SUBMIT AN ARTICLE tab below to share your story.



SAFETY FEATURE

KEEP IT IN YOUR PANTS!



ON PURSE, BACKPACK, GLOVE BOX, ANYWHERE OUTTA SIGHT WHEN DRIVING!

All new glove daylight moment across America, approximately 900,000 drivers are using cell phones or manipulating electronic devices while driving. It's critical that they hold them steady. 90% of 2013 states, 8,500 people died on the roadways in distracted driving crashes, and an estimated 63,000 more injured in motor vehicle crashes involving a distracted driver.

Texting while driving creates a crash risk 23 times worse than driving while not distracted.

PROTECT YOURSELF AND YOUR SAFETY BELT!



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PRODUCTS & TOOLS



Mentoring can help keep Soldiers safe. Find out what you can do to protect your Soldiers with the Motorcycle Mentorship Program.



Establish and maintain an effective driver training program with the Driver's Training Toolbox.



The **Know the Signs** campaign is designed to heighten awareness of risk factors and provide leaders and Soldiers the tools they need to address safety issues in their unit or peer group. The signs are all around. **It's up to you to recognize and act on them.**



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